Hit The 4 EZ

Chorégraphe Sue William

Danse de Ligne 32 comptes 4 murs

Musique Hit The 4

Intro 16 comptes

1-8 WALK ,WALK, SHUFFLE, ROCK, RECOVER, SHUFFLE ½ turn

1 -2 Weight starts on L, walk forward R, L
3&4 Shuffle RLR
5 Rock L forward
6 Recover back onto R
7&8 Shuffle1/2 turn over L shoulder – LRL (6:00)

9-16 WALK, WALK, SHUFFLE, ROCK, RECOVER, ¼ turn CHASSIS

1 -2 Walk forward R, L
3&4 Shuffle RLR
5 Rock L forward
6 Recover back onto R
7&8 1/4 turn over L shoulder – Chassis LRL (3:00)

17-24 WEAVE L, POINT L, WEAVE R, POINT R

1-2 Cross R over left, Step L to L side,
3-4 Step R behind L, Point L to L side
5-6 Cross L over R, Step R to R side,
7-8 Step L behind R, Point R to R side

25-32 JAZZ BOX, POINT R, HITCH R, POINT R, HITCH R,

1-2 Cross R over L, Step L back
3-4 Step R to R side, Step L together
5-6 Point R to R side, Hitch R
7-8 Point R to R side, Hitch R

TAG: V STEP at the end of wall 3 and 7 add 4 count TAG both facing 9:00

1 – 2Step R to R diagonal, Step L to L diagonal
3 – 4Step R in place, Step L together

ENDING: The song ends during WALL 12 (which starts facing 9:00). Dance up to count 4 of section 2. Pivot a ¼ turn to L, Hitch R… Ta-Da!

École Dance

École Star Dance

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