

One Shot

Chorégraphe France Bastien & Serge Légaré

Danse de Partenaire 32 comptes

Musique Taste Of Us by Jake O'Neil

Starting position left open promenade Men & Women L.O.D

1-8 (Walk) x 2, (Heel Switch) x 2, (Walk) x 2, Kick Ball Cross

1-2 RF in front - LF in front

3&4 R heel in front - RF next to the LF - L heel in front - LF next to the RF

5-6 RF in front - LF in front PD

7&8 Kick RF in front - RF next to the LF - RF cross in front

Restart 2 here

LF in front - RF in front

L heel in front - LF FWD - R heel n front - RF next to the LF

LF in front - RF in front

9-16 Shuffle Side With 1/4 Turn, Shuffle Side, 1/4 Turn Shuffle Side, 1/2 Turn Shuffle

1&2 Shuffle to the right R.L.R with 1/4 Turn Left

Pass your left hand over your partner's head

3&4 Shuffle side to the left L.R.L

Take both hands facing each other double hand hold

5&6 1/4 turn to the left shuffle side to the right R.L.R

Leave the left hand and pass the right hand of your partner over the head

7&8 Shuffle 1/2 turn to left L.R.L

Leave the right hand and take the partner's left hand

Restart 1 here

Shuffle to the left L.R.L with 1/4 Turn right

Shuffle side to the right R.L.R

1/4 turn to the right shuffle side to the left L.R.L

Shuffle 1/2 turn to right R.L.R

17-24 Step, 1/4 Turn Point, (Cross, Side, Heel), Together, Cross, 1/4 Turn Back, Shuffle 1/2 Turn

1-2 RF in front - 1/4 turn to right point LF to left

Take both hands double hand hold face to face

3&4 LF cross in front - RF slightly to the right - L heel in front diagonal left

5-6 LF net to the RF - RF cross in front - 1/4 turn to right LF back

Leave your partner's left hand

7&8 Shuffle 1/2 turn to right

Leave your partner's right hand

LF in front - 1/4 turn to left LF point to left

RF cross- PG slightly to the left - R heel diagonal right

RF next to the LF - LF cross in front - 1/4 turn to left RF back

Shuffle 1/2 turn to left

25-32 Wizard Step, Step, Kick Ball Step, Step, Kick Ball Step

1-2&3 LF in front - RF cross behind (Lock) - LF in front - RF in front

Return to starting position with your right hand in your partner's left hand

4&5 Kick LF in front - LF next to the RF - RF in front

6-7&8 LF in front - Kick RF in front - RF next to the LF - LF in front

RF in front - LF cross behind - RF in front - LF in front

Kick RF in front - RF next to the LF - LF in front

RF in front - Kick LF in front - LF next to the RF - RF in front

Start Over

Restart 1: In the 5th routine of the dance, do the first 16 counts and start again from the beginning.

Restart 2: In the 9th routine of the dance, do the first 8 counts and start again from the beginning.