

At Your Worst

Chorégraphe Guy, Nancy, Suzanne & Marc
Danse de Partenaire 64 comptes
Musique At your Worst Calum Scott
Intro 4 compte

No Tag or Restart
Position Sweetheart

1-8 CROSS STEP in 1/4 TURN R, TOUCH TOGETHER, 1/4 TURN R & STEP BACK, KICK FWD COASTER STEP, ROCK STEP, RECOVER

1-2 Cross step R over L in 1/4 turn to right, touch L together R (DLOD)

3-4M&L: 1/4 turn to right and step L back, kick R forward (RLOD)

5&6M&L: Step R back, step L together D, step R back

7-8M&L: Rock step L forward, recover on R

9-16 SHUFFLE FWD in 1/2 TURN L, STEP FWD, PIVOT 1/4 TURN L SHUFFLE FWD, ROCK STEP, RECOVER

1&2 Shuffle in 1/2 turn to left with LRL (LOD)

3-4 Step R forward, pivot 1/4 turn to left (ILOD)

***** On count 3, let go both L hands and raise both R hands over the lady's head.**

On count 4, take both L hands and lower them in man's back.

5&6 Shuffle forward with RLR

7- Rock step L forward, recover on R

**17-24 ROCK SIDE, RECOVER, SHUFFLE FWD in 3/4 TURN L, STEP, 2X (WALK FWD), SHUFFLE FWD
ROCK SIDE, RECOVER, SHUFFLE in 3/4 TURN L, FULL TURN L, SHUFFLE FWD**

1-2 Rock side L to left, recover on R

3&4 Shuffle in 3/4 turn to left with LRL (LOD)

***** On count 3, let go both R hands.**

On count 4, raise both L hands over the lady's head.

5-6 Walk forward with RL 1/2 turn to left and step R back, 1/2 turn to left and step L forward

***** On count 5, let go both L hands.**

On count 6, raise Both R hands over the lady's head (Sweetheart position).

7&8 Shuffle forward with RLR

25-32 STEP FWD, PIVOT 1/2 TURN R, SHUFFLE FWD, 1/4 TURN L with 3X (SWAY), PIVOT 1/4 TURN L

1-2 Step L forward, pivot 1/2 turn to right (RLOD)

3&4 Shuffle forward with LRL

5-8 1/4 turn to left and sway hips to right, left, right, pivot 1/4 turn to left (LOD)

33-40 1/4 TURN L and STEP SIDE, TOUCH, SCISSOR STEP, 1/4 TURN L, STEP BACK, SHUFFLE BACK

1-2 1/4 turn to left and step R to right side, touch L together R (ILOD)

***** On count 1, let go both L hands and raise both R hands over the lady's head.**

On count 2, take both L hands lower man's back (waist level).

3&4 Step L to left side, step R together L, cross step L over R

5-6 1/4 turn to left and step R back, step L back (RLOD)

7&8 Shuffle back with RLR

Suite Au Verso

41-48 1/2 TURN L & STEP FWD, SHUFFLE FWD, STEP SIDE, 1/4 TURN L & STEP BACK, TRIPLE STEP
1/2 TURN L & STEP FWD, SHUFFLE FWD, CROSS, 1/4 TURN R & STEP BACK, TRIPLE STEP

1-2 1/2 turn to left and step L forward, step R forward (LOD)

***** On count 1, let go both R hands and raise both L hands over the lady's head.**

On count 2, take both R hands in Sweetheart position.

3&4 Shuffle forward with LRL

5-6 Step R to right side, 1/4 turn to left and step L back (ILOD) **Cross step R over L, 1/4 turn to right and step L back (OLOD)**

***** On count 5, raise both L hands over the lady's head.**

On count 6, lower hands in Double Hand Cross position.

7&8 Triple step on place with RLR

49-56 ROCK STEP, RECOVER, ROCK SIDE, RECOVER, WEAVE to R, STEP SIDE, PIVOT 1/4 TURN L
ROCK STEP, RECOVER, ROCK SIDE, RECOVER, WEAVE to R, ROCK SIDE, RECOVER

1-2 Rock step L forward, recover on R

***** On count 1, let go both R hands and raise Both L hands over the lady's head.**

On count 2, take Both R hands in Sweetheart position.

3-4 Rock side L to left, recover on R

5&6 Cross step L behind R, step R to right side, cross step L over R

7-8 Step R to right side, pivot 1/4 turn to left (RLOD) **Rock side R to right, recover on step L**

56-64 SIDE, 1/4 TURN L & TOGETHER, SHUFFLE in 1/4 TURN L, ROCK STEP, RECOVER, SHUFFLE FWD
STEP FWD, 1/2 HINGE TURN R, SHUFFLE in 1/4 TURN R, ROCK STEP, RECOVER, SHUFFLE FWD

1-2 Step R to right side, step L together R in 1/4 turn to left (OLOD) **Step R forward, 1/2 turn to right and step L back (ILOD)**

***** On count 1, let go both R hands and raise both L hands over the lady's head.**

3&4 Shuffle forward in 1/4 turn to left with RLR (LOD)

Shuffle forward in 1/4 turn to right with RLR (LOD)

***** On count 3, take both R hands in Sweetheart position.**

5-6 Rock step L forward, recover on R

7&8 Shuffle forward with LRL



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