

Ready For It (This Is It)

Chorégraphe Evan VanScoyk Sept 2022

Danse de ligne Débutant-Intermédiaire 48 comptes 2 murs

This Is It – On The Larceny

No tags, no restarts

Dance begins on lyrics (after 16 counts)

1-8 HOP HOLD SHAKE/SWIVEL X2 (FWD-BACK)

1 2 Hop fwd (1), Hold (2)

3 4 Freestyle Shake or Swivel (3-4)

5 6 Hop back (5), Hold (6)

7 8 Freestyle Shake or Swivel (7-8)

[Styling: Add your own flair, suggest to Booty Shake or Hip Roll on odd walls and Swivel heels and toes on even walls to match the music]

9-16 TOE TAPS SAILOR X2 (R-L)

1 2 Tap R toe fwd (1), Tap R toe side (2)

3 4 Step R behind (3), Step L to left (4), Step R to right (4)

5 6 Tap L toe fwd (5), Tap L toe to left (6)

7 8 Step L behind (7), Step R to right (8), Step L to left (8)

17-24 TOE TOUCH ¼ KICK COASTER X2 (R-L)

1 2 Touch R toe inwards fwd (1), Turn ¼ right while kick R (2)

3 4 Step R back (3), Step L back (4), Step R fwd (4)

5 6 Touch L toe inwards fwd (5), Turn ¼ left while kick L (6)

7 8 Step L back (7), Step R back (8), Step L fwd (8)

25-32 R ROCKING CHAIR, ¼ TURN W/ HIP ROLL

1 2 Rock R fwd (1), Recover weight onto L (2)

3 4 Rock R back (3), Recover weight onto L (4)

5 6 Hip roll while stepping R fwd (5), Turn ¼ left on L (6)

7 8 Hip roll while stepping R fwd (7), Turn ¼ left on L (8)

33-40 STOMP SIDE BEHIND-SIDE-CROSS X2 (R-L)

1 2 Stomp R to right (1), Hold and take weight onto L (2)

3 4 Step R behind (3), Step L side (4), Step R across (4)

5 6 Stomp L to left (5), Hold and take weight onto R (6)

7 8 Step L behind (7), Step R side (8), Step L across (8)

41-48 R ROCKING CHAIR, 4 STAMP ¼ TURN LEFT

1 2 Rock R fwd (1), Recover weight onto L (2)

3 4 Rock R back (3), Recover weight onto L (4)

5 6 Turn 1/16 left as you stamp R diagonally right (5), Turn 1/16 left as you stamp R diagonally right (6)

7 8 Turn 1/16 left as you stamp R diagonally right (7), Turn 1/16 left as you stamp R diagonally right (8)

>> Begin Again